

WHERE MEMORIES
BEGIN

YOUR UNFORGETTABLE
STAY AWAITS

A Guide For Your Stay

ROSA PARKS VILLA SANYANG - THE GAMBIA

WHERE THE SPIRIT OF AFRICA UNFOLDS



Charming, spacious Juffureh House with modern amenities, remote garden views and easy access to local attractions. Your perfect home away from home - when you come home.



we're so glad you're here

WELCOME



ADDRESS:

514-515
Rosa Parks Avenue
Sunbeach Village Estate,
Sanyang,
The Gambia

BEDROOMS:

Three

BATHROOMS:

Three

OF GUESTS:

Six

LOCATION:

Scan for GPS

WHAT 3 WORDS LOCATION

[///lurked.cities.pacts](http://lurked.cities.pacts)





Aksil - Welcome

OWNER CONTACT INFO

TEL: +44 7946 31 7831 (whats app)

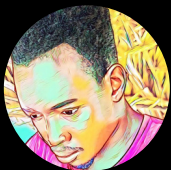
EMAIL: cjbgowie@icloud.com

STAY TEAM CONTACTS

Thelma - +220 755 4542 (Co-Host)

Nelson - +220 373 9404 (Site Security)

Malang - +220 790 6386 (Driver)



WELCOME TO FREEDOM

Welcome to a place where the spirit of Africa unfolds and the discovery of freedom becomes a cherished part of your own story. We encourage you to unplug and explore life here, welcome to The Smiling Coast of Africa, you will see why.

MEET THE HOST

MEET THE HOST

HEY! I'M CARMEN

Welcome to our haven, where the warm embrace of Africa awaits you. As you embark on your stay with us, we invite you to consider more than just a temporary escape; rather, a journey towards discovering the profound freedom that resonates within the heart of this magnificent continent.

As someone deeply enamoured by the serene beauty and rich culture of West Africa, I welcome you to experience the tranquillity this region offers.


Hosting goes beyond providing a comfortable stay; it's about sharing my love and appreciation for The Gambia.

Nestled within the Sun Beach Village, our West African home is a testament to the warmth and vibrant spirit that defines West Africa - it's freedom. We love welcoming people from different parts of the world and we look forward to connecting with you as a host or traveler.

My team and I will do our best to make your stay comfortable.

Thanks so much for choosing to stay with us and we hope to welcome you back soon!

Carmen x



about your stay

THE DETAILS

Charming, spacious Juffureh House with modern amenities, remote garden views set 10 minutes from Sanyang Beach or 45 minutes from the bustling Senegambia strip and other local attractions – your perfect home away from home – when you come home.

AKSIL

Gambian Greetings
'Aksil' is Welcome in Wolof

CHECK IN MEMO

our location

514-515 Rosa Parks Avenue

Sunbeach Village Estate,

Sanyang, The Gambia

What 3 Words: [///lurked.cities.pacts](#)



wifi

Network: Please see the router in the lounge

Password: Ask Nelson

reminders

- No pets allowed
- Quiet time is whenever you like
- No smoking inside the house
- Cigarettes are not to be thrown on land - fire hazzard

check-out

- Check-out time is 11 am latest 12 midday
- Place all used towels in the tub
- Turn off all lights when you leave
- Leave any rubbish in the kitchen in a bag

contact us

If you have any questions or need assistance, please don't hesitate to contact us:

Nelson: +220 373 9404 (Site Security)

Thelma: +220 755 4542 (Co-Host)

Carmen: +44 7946 317 831 (Host / Owner)

Email: cjbgowie@icloud.com or [message via Airbnb App](#)

leave us a review

We hope you enjoy your time here.

Please consider [leaving us a review](#).

We would love to hear from our guests.

★★★★★

just a few things to remember

HOUSE RULES

Respectful Conduct:

- Please treat Rosa Parks Villa with the same respect as your home. Be mindful of noise levels, especially after 10 PM.

No Smoking:

- Smoking is strictly prohibited inside the villa. If you smoke outdoors, please dispose of cigarette butts responsibly.

Pets:

- Unfortunately, we cannot accommodate pets at Rosa Parks Villa.

Guest Limit:

- Just to let you know, the maximum number of guests allowed is as specified in your reservation. Please let us know beforehand of any additional visitors.

Events and Parties:

- Parties and events are only allowed with prior approval. If you plan to host a gathering, please discuss it with us.

Damages and Breakages:

- Please report any damages or breakages as soon as possible to make sure it's done. Guests will be responsible for any significant damage caused during their stay.

Security:

- Always lock the doors and windows when leaving the villa. We are not responsible for any loss of personal belongings.

Kitchen Etiquette & Rubbish:


- You can use the kitchen facilities, but please clean up afterwards. Dishwashing liquid and cleaning supplies are provided.
- Please ensure all rubbish is in a black bag in the kitchen. When full please let Nelson take it.

Check-Out:

- Check-out time is [specify time]. Please ensure that all doors and windows are securely locked, and return the key to Nelson.

Community Consideration:

- Please be considerate of our neighbours. Avoid deafening music and disruptive behaviour that may disturb the local community.

The background of the entire page is a photograph of a lush garden. In the foreground, there are various plants, including tall, thin-leafed ones and some with yellow variegated leaves. In the background, a dark-colored lamp post with a spherical, lantern-like top is visible against a clear blue sky. The overall image has a soft, slightly faded appearance to allow the text to stand out.

about your stay

CHECK IN

Welcome to The Gambia, where vibrant cultures, rich traditions, and breathtaking landscapes converge. Your stay at Rosa Parks Villa offers a gateway to an array of experiences that capture the heart and soul of this remarkable country.

we're so glad you're here

CHECK IN MEMO

CHECK IN

Welcome to a place where the spirit of Africa unfolds and the discovery of freedom becomes a cherished part of your own story.

Our home is more than a place to stay; it's an opportunity to connect with the history and culture that define this region. We hope your time here is marked by moments of discovery, relaxation, and a deep appreciation for the stories embedded in and beyond these walls.

CHECK IN PROCEDURE

1. **Arrival:** As you arrive at Rosa Parks Villa, take a moment to appreciate the tranquil surroundings. It may be late when you arrive, so take a morning stroll or run the estate.
2. **Key Collection:** Your key is conveniently located on-site with Nelson, our Security manager. ***Please use the provided 4-digit code [****] shared via Airbnb*** to pass security and access keys for your stay. If you have any questions or need assistance, please get in touch with us (see numbers above)
3. **Guide:** Inside, this guide you will find essential information about the villa, local attractions, and our contact details. It's designed to make your stay both comfortable and culturally enriching.
4. **Settle In:** Take your time to settle into Rosa Parks Villa. We hope you find the ambience and grounds inviting and the amenities catered to your needs.
5. **Local Tips:** Should you seek dining sightseeing recommendations or have any queries about the area, we're here to assist. Your comfort and enjoyment are our top priorities.



FISHING VILLAGE

We have a barbeque you can use to grill fresh fish from Sanyang Fishing Village, caught just 10 minutes by car or a 35 minute walk in the sun, either way remember your water bottles.

The Gambia has unique quality features over many other destinations, only six hours flight from major European destinations with no jet lag.

CHECK OUT

When your stay at Rosa Parks Villa ends, we want to express our gratitude for choosing our space.

Check-out time is as outlined in your Airbnb booking which should be 11am GMT / Gambian Time.

Kindly ensure all doors and windows are securely locked, and please return the key to Nelson.

If you have any feedback or need assistance, feel free to reach out. Safe travels, and we hope to welcome you back soon!

CANCELLATIONS

We understand that plans can change. In case you need to cancel your reservation, please refer to the Airbnb or Booking.com cancellation policy associated with your booking.

If you have any questions or require assistance, don't hesitate to reach out. We appreciate your understanding and hope to host you in the future.

CAR HIRE OR DRIVER

Malang is a trusted local Gambian friend and an excellent driver if you need a driver or to rent a car please feel free to reach out to him directly.

Malang - +220 790 6386 (Driver)

CHECK IN MEMO

ABOUT THE PROPERTY

Cradled within the heart of Sanyang in The Gambia, our home, a Juffureh House, bears witness to a poignant and profound—history of the transatlantic slave trade. Juffureh, a name etched into the annals of time, is not merely a geographical marker but a living testament to a people's resilience and the nation's enduring spirit.

Juffureh, a village along the Gambia River, holds significance as the reputed ancestral home of Kunta Kinte, a central figure in Alex Haley's novel "Roots." The novel traces the journey of Kunta Kinte, captured in the 18th century, and explores the harrowing narrative of the transatlantic slave trade.

Our Juffureh House, steeped in the architectural style of its namesake, stands as a tribute to the heritage that endured through generations despite the shackles of history.

The design of a Juffureh House, then characterised by its thatched roof, round buildings and mud walls, reflects the traditional building techniques of the region, echoing the architectural roots that witnessed the ebb and flow of time, the echoes of ancestral stories, and the enduring strength of a community.

It is a name that carries the weight of stories untold, resilience unyielding, and a testament to the unwavering spirit that persisted even in the face of immense adversity.



ABOUT

ABOUT THE PROPERTY

Nestled on Rosa Parks Avenue of the Sun Beach Village Estate, our home and street are tributes to the indomitable spirit of Rosa Parks, a beacon of resilience and courage in the face of adversity.

Rosa Parks, an iconic figure in the Civil Rights Movement, forever altered the course of history through her simple yet powerful act of defiance. As she courageously refused to relinquish her seat on a segregated bus in Montgomery, Alabama, Rosa Parks ignited a spark that would blaze into a flame of change.

The echoes of her determination reverberated across the nation, inspiring countless others to stand up against injustice and inequality.

The naming of this home as Rosa Parks Villa on Rosa Parks Avenue, one of many streets selected when this house, one the first built on this street within the estate, is a deliberate homage to this trailblazing woman whose steadfast resolve paved the way for women today.

This road symbolises a physical pathway and a journey towards equality, justice, and the triumph of the human spirit.

This remote experience is designed to allow people to unplug from the fast pace of the Western world and reconnect with Mother Africa in a base with the necessary comforts.



ABOUT THE PROPERTY

Africa, with its diverse landscapes, vibrant cultures, and rich history, is a tapestry woven with the threads of freedom. It's a place where the spirit of resilience echoes through the ages, where the vibrant rhythms of life dance with the freedom of the untamed wilderness.

As you step into Rosa Parks Villa a modern Juffureh House, we invite you to appreciate its architectural beauty and connect with the deeper narrative it embodies. It is a place where history and heritage intertwine, where the echoes of the past resonate in the present, and where the spirit of endurance invites contemplation and remembrance.

Welcome to a home infused with the spirit of courage and the enduring legacy of Rosa Parks combined with African tranquillity.

May your stay be a journey of discovery, reflection, and a celebration of the enduring human spirit that has weathered the storms of history.

So, let Africa's rhythms guide you, its landscapes' colours inspire you, and the warmth of The Gambian people envelop you. **Your journey here is an opportunity to unlock the boundless freedom that The Gambia in Africa generously shares with those open enough to its embrace.**


Click for up to date images of the villa via Airbnb.



WIFI INFORMATION

Network: See Q CELL Router
Password: Ask Nelson or Thelma

FREEDOM

A vibrant street scene in a market, likely in The Gambia. In the foreground, a large pile of ripe yellow bananas sits on a white cloth. To the right, a wooden cart is loaded with more bananas. Several people are walking through the market, including a man in a grey t-shirt and sunglasses. In the background, there are various market stalls with umbrellas and a multi-story building under a clear blue sky.

a guide for your stay

THINGS TO DO

As you embark on these adventures, may you
uncover the soul of The Gambia, forging memories
that linger long after your stay.



GETTING AROUND

Local taxi drivers can be found on the main roads that connect townships but we encourage you reach out should you need us to arrange transport for you. Alternatively, you can reach out to him directly.

Malang - +220 790 6386 (Driver)

PUBLIC TRANSPORTATION

National bus routes are available to connect major towns and cities, but departure times are irregular and the travel times are long. Bush taxis (or shared vans, minibuses and cars) are the best choice for getting around.

YELLOW AND GREEN TAXIS

These are mainly 4-passenger saloon cars painted in yellow and green colours, which run a shared taxi service between short distances or parked at the roadside for individual hire.

LOCAL THINGS TO DO

SIGHT-SEEING & ATTRACTIONS

Your stay at Rosa Parks Villa offers a gateway to an array of experiences that capture the heart and soul of this remarkable country.

Sanyang Beach Bliss:

Immerse yourself in the sun-soaked shores of Sanyang Beach. Whether you're a sun seeker, water sports enthusiast, or a lover of serene sunsets, this beach promises an idyllic escape.

Abuko Nature Reserve Adventure:

Explore the wonders of the Abuko Nature Reserve, where lush greenery and diverse wildlife provide a captivating glimpse into The Gambia's natural beauty. Remember your camera!

Roots Heritage Tour:

Embark on a journey through history with a Roots Heritage Tour. Visit Juffureh, the reputed ancestral home of Kunta Kinte, and gain insights into the region's poignant past.

LOCAL THINGS TO DO

SIGHT-SEEING & ATTRACTIONS

Colourful Market Excursions:

Dive into the heart of local life by exploring vibrant markets like Albert Market in Banjul or The [Senegambia Craft Market](#) with their kaleidoscope of colours, scents, and sounds that will captivate your senses.

River Gambia Boat Cruise:

Drift along the majestic River Gambia on a boat cruise. Marvel at the scenic beauty, witness local villages along the banks and catch a glimpse of diverse birdlife.

Cultural Encounters:

Engage with the local culture by attending traditional dance performances, exploring craft markets, and indulging in authentic Gambian cuisine. The warmth of the people is truly unmatched.

Arch Tours Exploration:

Join guided tours with Arch Tours to delve deeper into The Gambia's cultural and historical gems. Each stop tells a unique story, from ancient mosques to bustling fishing villages.

Kachikally Crocodile Pool Visit:

Discover the mystique surrounding the Kachikally Crocodile Pool in Bakau, a site considered sacred by locals. Home to friendly and revered Nile crocodiles, the pool has a cultural significance. Visitors can learn about the history and mythology associated with the site, and if you're feeling adventurous, you may even have the chance to touch a crocodile!

Bijilo Forest Park:

For nature enthusiasts, a visit to Bijilo Forest Park offers a serene experience. Walk amidst the lush greenery, encounter monkeys, and revel in the tranquility.

Tanji Fishing Village Experience:

Immerse yourself in the vibrant culture of Tanji Fishing Village, a bustling coastal community. Witness the daily activities of local fishermen, explore the colourful fish market, and learn about the traditional methods of smoking and drying fish. The lively atmosphere and the genuine warmth of the villagers make this an authentic Gambian experience.

Makasutu Culture Forest Exploration:

Venture into the heart of Makasutu Culture Forest, a pristine area combining lush nature and cultural encounters. Take a guided canoe tour along the mangrove-lined river, explore the forest trails, and participate in cultural workshops. This unique eco-cultural destination offers a perfect blend of nature and tradition.

places to eat and drink

FOOD & DRINK

Gambia has a plethora of food and drink for everyone. **Some of the more cultural spots in Sanyang:**

- [Jungle Beach Bar & Restaurant](#)
- [Eco Lodge](#)
- [Tan Tan Beach Bar](#)
- [Bird Garden Restaurant](#)
- [Rainbow Beach Bar](#)
- [Santana Beach Bar Restaurant](#)

If you are planning a trip into town, here are a few places worth the 35-minute coastal drive.

- [Sunprime Tamala - Kotu](#)
- [Indian Mango Global Kitchen - Kololi](#)
- [Ngala Lodge Restaurant - Fajara](#)
- [The Vineyard - Kololi](#)

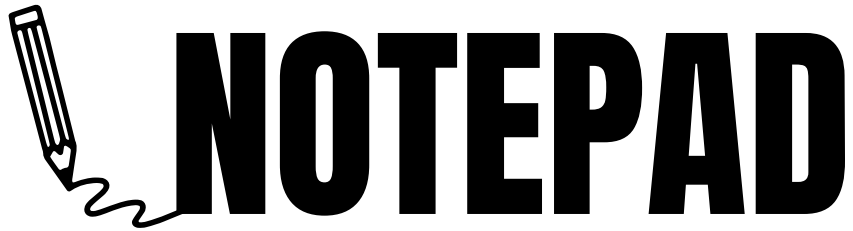


TRADITIONAL FOOD

There are four main traditional Gambian dishes which can be made with fish, meat or chicken:

- **Benachin** - Rice cooked with meat or fish and vegetables and tomatoes.
- **Domoda** - Meat stewed in peanut puree and served with rice.
- **Superkanja** - A mix of okra, fish or meat, palm oil, onions and pepper boiled together.
- **Chicken Yassa** - Chicken cooked with fresh lime, onions and ground black pepper.

a place to jot anything down

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

a place to doodle anything down



SKETCHPAD



The Smiling Coast of Africa

ENJOY YOUR STAY

THANK YOU FOR
STAYING WITH US

YOUR RETURN
STAY AWAITS

Plan your return stay with us

The Republic of The Gambia is commonly called the smiling coast of Africa. It is situated in the western region of Africa with a land area of 11.295 sq km (4.361 sq miles) and an estimated population of 2 million. The agriculturally fertile country is dominated by farming, fishing and tourism and has its capital in Banjul.



ROSA PARKS VILLA
SANYANG THE GAMBIA

